# FOLLOW THESE 5 SAFETY STEPS to keep us all healthy

Updated July 01, 2020[[\*sk1\*]]

[[\*sk1\*]]

https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/Aquatic-Venues-COVID19-Safety-Steps-Poster.pdf

[[\*sk1\*]]

1) **STAY HOME IF YOU DON’T FEEL WELL** Or if you tested positive for COVID-19 or were exposed to someone with COVID-19 in the last 14 days

2) **STAY 6 FEET AWAY FROM PEOPLE** who don’t live with you, both in and out of the water and avoid sharing items with other people

3) **WEAR A CLOTH FACE COVERING** when not in the water\*

4) **WASH YOUR HANDS OFTEN** with soap and water for at least 20 seconds or use hand sanitizer with at least 60% alcohol

5) **COVER YOUR COUGHS AND SNEEZES** with a tissue or your elbow, throw the tissue in the trash, and wash your hands[[\*sk1\*]]

[[\*sk1\*]]

[[\*sk1\*]]Now, **let’s swim!**

\* Don’t place cloth face coverings on children under age 2 or anyone who has trouble breathing or is unconscious, weak, or otherwise unable to remove the cover without help.

cdc.gov/coronavirus